



# STITCH 'N TIMES

Santa Rosa Quilt Guild

P.O. Box 9251, Santa Rosa, CA 95405

June/July 2022 • Vol. 46 • No. 6

## President's Message

I wrote a bit about balance in last month's message, along with rhythm.

My horoscope sign is Libra. The Libra symbol is the scales as the sign represents balance, justice, harmony, and equilibrium. Ruled by the planet Venus, Libras love expensive material things. I have always strived to find balance in my life and oh boy, that has been quite the journey! I have a very strong opinion about justice, and it is quite bothersome to me when I feel that justice does not prevail when it seems it should. Now, I am not saying that I follow the zodiac signs and believe all things horoscope, but I do think they are fun and usually I am able to find a correlation between one's zodiac sign and a person's personality.

About my sign as a Libra – yes, I do love expensive material things, (who doesn't?) but I don't like to pay for them. I can be rather frugal, and I must balance the value of any material item with what the actual monetary value may be to me. I was a single Mom and my income fluctuated and was always on the low end of the average, and I learned how to manage my funds and make financial judgment calls regularly. It was all about balancing what was needed versus the wants. I have no problem haggling with a salesperson on a large ticket item when making a purchase because I see this as a balancing act - my purchase versus the profit for the salesperson, and I need to feel like there was some balance to the end result.

One of the ways I must keep balance in my life is to have enough alone and personal time. I struggle with not being selfish about this, but it truly does help keep my personal outlook and peace of mind in a comfortable place. I really do like my social and friendship interactions, but I usually like to follow this with some alone time. I have a husband that understands this and respects it. I don't want to be alone, rather I just need some time alone. It is a fine line to balance the introvert and extrovert part of my personality.

By the time you read this, I will have been on a "family vacation" with nine other adults and two toddlers. Now in my mind the words family and vacation should not go together. To me a vacation is away

from everything familiar, and it is an adventure. I have not done this type of gathering that I can ever remember, except as a child when we had family trips. The family on this trip included me, my husband, my daughter, and her husband and their 2-1/2-year-old son, and my daughter's in-laws. Two of the young women were pregnant and tired and a little bit stressed. The toddlers (cousins) pushed the boundaries on just about everything. And then when it was over, I really, really needed some quiet alone time. The proportions of time alone and time with others is part of the balancing act for my self-preservation.

I am working on a project that will take me quite some time to complete. It is a quilt top with my grandmother's handkerchiefs. I am doing some embroidery and embellishments on each panel and as I work on a panel, I must take a step back from it and look at it over and over again to see if the handwork seems to be in balance to the hankie design. If Grandma was still with us, she might think this as a frivolous way to use her hankies, or she might even like the idea that I am recycling something and therefore that I am being frugal. I like to think that the true balance of this project lies at the crossroad of being frugal by upcycling Grandma's hankies and making a priceless heirloom for future generations; a result that will have me intertwined with my Grandma for as long as the quilt will last.

There needs to be a balance in all areas of our life. We all have our own ways of creating that balance in our personal lives and in our projects, too. Just as in finding the right colors and rhythm to each project we need to put some effort into the balance. I think this may be easy for most of us as we can look at something and see if it is balanced. We can look at a wall hanging and tell if it is hanging off balance, and we have all met people that we think might not be balanced. If we listen to our inner voice, we usually know when we have achieved our own personal balance.

I need to go now and check my horoscope and see what kind of day I am to have, and see if I can keep it all balanced for some good end results.

**Diana Coddling**

## June Programs and Workshops

**June 16, 2022**

**Judi Kirk**

**Program: What Makes It Modern?  
(Zoom Program from England)**

**June 17, 2022**

**Workshop: Quilted in a Flash  
(Zoom Workshop)**

**June 16, 2022 - Judi Kirk**

Modern quilts are being featured more and more in books, magazines, and shows. So what makes a quilt “Modern” and how does it differ from other quilt styles? As an international quilt judge, and member of both the Modern Section of the Quilters Guild of the British Isles and the Modern Quilt Guild, Judi Kirk brings a unique insight to this topic.

In this talk she will look at the current definitions of Modern quilts, and illustrate what the terms mean. You will gain a better understanding of what makes a quilt “Modern,” and may find that you have been “quilting modern” without knowing it!

With her wonderful supportive husband, she lives in Canterbury, England – a “World Heritage” site, situated roughly 70 miles from London. Judi enjoys all kinds of patchwork and quilting, but she particularly loves the bold designs of modern quilts. Having spent two years undertaking the “Quilter’s Guild of the British Isles” quilt judging course, she is certified to jury and judge all types of quilts world-wide. Currently serving on the Quilters Guild judging committee, she organizes the judging for the “Festival of Quilts” – the biggest quilt show in Europe – and has been privileged to help judge “Best in Show” for a number of years. Judi was recently on the jury for the “Quilt Around the World” competition based in Munich, Germany. She has just completed organizing the judging for the first virtual “Festival of Quilts” show, where they had over 650 entries from around the world.

Check out Judi’s website <https://www.judikirk.com>

**Programs and Workshops continued →**



## Opportunity Quilt

Now that “Puzzled,” our fantastic 2022-2023 Opportunity Quilt, has been unveiled, it is time to begin selling tickets. While we will be selling tickets for the chance to win, the Board is continuing to encourage someone to coordinate the travel and ticket sales. As Vice President I will do my best to fill in. So, that being said, I will be submitting “Puzzled” in the Sonoma County Fair (August 4-14) and those of you volunteering to demonstrate quilting at the Fair will also be selling the tickets for the quilt. Thank you in advance. I hope to have it hanging in Bolt during the last half of May and into June if it doesn’t have anywhere else to go. I will bring it to meetings where members and guests at our guild meetings will be able to admire “Puzzled” and buy their own tickets. Diana, our President, will be asking for volunteers to sell tickets at the meetings, giving many different members a chance to help.



Also, if you have suggestions of places to take the quilt, sell tickets, and are willing to facilitate that, please email me.

**Candi Delgado**

**Programs and Workshops continued**

**June 17, 2022 - Quilted in a Flash**

You may love to free motion quilt yourself, or it’s an easy and effective option to “quilt by check-book” and send tops to be long-armed, but what to do with charity quilts, baby quilts for your neighbors’ relatives, etc., when you may not want to spend a lot of time or money to get a quilt finished?



Use the walking foot on your domestic sewing machine, combined with straight or decorative stitches, to create a host of easy designs that will get your “duty” quilting finished faster and easier than you ever imagined! You may find that you like the look of this quilting style so much that you use it for all your quilts.

**Elaine Ramires**

## July Programs and Workshops

July 21, 2022

Lisa Shepard Stewart

Program: "Quilting with African Fabrics"  
(Zoom Program)

July 22, 2022

Lisa Shepard Stewart

Workshop: Ankara String  
(Zoom Workshop)

July 21 - Lisa Shepard Stewart

Lisa Shepard Stewart is a writer and fiber artist, and the owner of Cultured Expressions. She promotes the creative use of African textiles for sewing, quilting, home décor, and crafts. After successfully running her business online for 17 years, Lisa opened CE's first studio location in downtown Rahway, NJ, in December 2017. Here she offers a curated selection of fabrics and embellishments, plus events and lots of creative inspiration in-person, online, and virtually.



Quilting with African Fabrics

Lisa's lecture/presentation focuses on African textiles and how she uses them to create quilts, accessories, home décor, and crafts. You'll gain lots of inspiration and creative tips, so be prepared to take notes if desired! She includes a live show-and-tell, slide show images of African artisans, and a brief studio tour.

Check out Lisa's website:

<https://www.cultureexpressions.com>

Programs and Workshops continued →

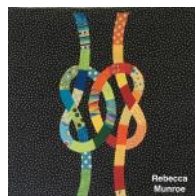
### Double Friendship Knot



Elaine Tucker



Elaine Ramires



Rebecca Munroe

Programs and Workshops continued

July 22 - Workshop: Ankara String

3:00 - 6:00 PST

Special \$25.00 Mini-Class

The drama and color of Ankara/African prints are featured in this fun and addictive project! The key is to achieve a random look we call "Organized Chaos," with a combination of improv block building and Lisa's tips and tricks.



The workshop guides you through a standard four-block wall hanging, as well as a mini-trunk show of other projects beyond this classic wall hanging requiring from one to nine blocks.

SRQG members can book a virtual shopping appointment for these African fabrics @

<https://calendly.com/cultureexpressions>

Elaine Ramires

**Four fun things about Programs and Workshops you might not know:**

1. You can sign up for any of the 2022 workshops now. Unfilled spots in workshops will be open to other Guilds 30 days before the workshop, so don't wait - reserve your spot now so you're not left out!
2. We'll have a "Quilting Rock Star" joining us in October. Veruschka Zarate, Double Blue Ribbon Winner at QuiltCon 2022, will be joining us via Zoom on October 20. She is working on a NEW workshop, so stay tuned for details about that.
3. Need a little "retail therapy" and looking for something new? Try a "Virtual Shopping Visit" at Cultured Expressions to pick up some beautiful African Fabrics. Our July speaker, Lisa Shepard Stewart, has set up a link for us to personally shop African fabrics via Zoom. You can select yardages, precuts, or kits for her upcoming "Ankara String Quilt" on July 22, or just build your stash. To arrange your visit, book online at: [www.calendly.com/cultureexpressions](http://www.calendly.com/cultureexpressions)
4. Check out our next In-person program and workshop, Jeanette Walton. Jeanette is a Certified Instructor for Judy Niemeyer paper piecing and will do a trunk show of her beautiful quilts on August 18. She'll offer a workshop with us on August 19, and has graciously arranged to do a free pre-workshop Zoom session on cutting fabric for the project a few weeks before the workshop. So once again, DON'T WAIT to sign up.

## August Programs and Workshops

**August 18, 2022**

**Jeanette Walton**

**Program: Paper Piecing Trunk Show  
(VMB and Zoom Program)**

**August 19, 2022**

**Workshop: Paper Piecing  
(LBAGC)**

*August 18 - Jeanette Walton*

**Paper piecing Trunk Show**

IN PERSON

Jeanette is a Judy Niemeyer Certified Instructor, and an award-winning quilter. As both her grandmother and mother were hand quilters, Jeanette believes quilting is in her DNA. In 2008, she took a class with Judy Niemeyer and quickly fell in love with paper piecing and Judy's patterns. After training with Judy for several years, she became a Certified Instructor in 2014.



Jeanette loves teaching beginners. Her passion is showing beginning students how easy Judy's patterns are to read, how organized the patterns are, and how simple to finish if the steps are followed. Her biggest reward is the satisfaction of seeing amazing works of art from beginning students who said, "I could never do that." In addition to teaching at local quilt shops and guilds, Jeanette enjoys teaching on cruises with Quilt Seminars at Sea, at the Houston Quilt Festival, and Empty Spools Seminars at Asilomar.

**Programs and Workshops continued →**

You will notice several pictures of completed workshop (or Sew-a-Row, Block-of-the-Month, etc.) projects throughout this and future issues of *Stitch'n Times*. Photos will be tagged with the names of the project and the quilter.

**Programs and Workshops continued**

**August 19, 2022 9:00 am - 3:30 pm**

**"Star Baby" Paper Piecing**

IN PERSON

The "Star Baby" pattern is fast, easy, and fun! The Lonestar uses only nine strips of 2-1/2" wide fabric. The strip sets are cut apart, rearranged, and re-sewn into a diamond star point! Easy Peasy! Choose your background fabric and a border fabric and call it done! The quilt is 32" x 32" (or 40" x 40" with optional border). It's a perfect size for a baby quilt!

This workshop also includes a special cutting demo by Jeanette on Zoom BEFORE THE CLASS, so we can all concentrate on sewing in our in-person workshop.



**Elaine Ramires**

**Indi-Go Modern**



Elizabeth Anderson



Janet Tonkin



Maryilyn Droppers



Justine Lott

## Little Bits with Jackie Pitts

We are starting to venture out, and that's good. Almost everywhere we venture we take something with us or bring something back or both. Many of us have found that we do this best with a series of bags, at least one for each purpose. The bags you take to the Farmers' Market need to be tough and highly washable. Vegetables grow in dirt. Canvas is good and the straps should be sturdy. But we also need music bags, diaper bags, and beach or picnic bags. It is good to have a "go bag" in case we need to leave in a hurry, and if this go bag can also be used as a carry-on, so much the better. First figure out what must go in your bag. In the case of a go bag all necessary medicines, a change of clothes, sturdy shoes, and personal items such as your toothbrush must be considered. When there is not an emergency going on, check your favorite airline's under seat measurements. There are things you should have with you in case your luggage winds up in Madagascar. This bag should be sturdy and have lots of pockets and a shoulder strap in case both hands are full, as they often are on such occasions. My bag is denim. The many external pockets mean that I don't need to dump the contents to reach a pen or my reading glasses. Choose a fabric that ages well such as denim or canvas. When you have used such a bag for a few years you know at a glance what you can and can't get into it. Also be sure that you can identify your bag easily. This is simpler if you make it yourself or at least decorate it.



Some of our bags are used in ways that involve other people. A diaper bag can be cute even if this isn't the mother's/grandmother's style because it is for the baby's things. That way whoever takes it from the tired mother's hands at the end of the trip knows which bag to leave with the mother. I once used a pajama bag pattern shaped like a toy dog for a diaper bag. It had a zipper down the back (I added a handle) and was made of corduroy and lined with plastic. There are many panels of printed toys which would make wonderful diaper bags. These are usually quilt weight fabrics and should be lined. Since most diapers are now disposable, the lining need not be waterproof, though it certainly wouldn't hurt.

A bag for someone leading youth activities, such as Scouts or Sunday School, could be a box. The best primary teacher I ever knew said, "Every good primary teacher carries a box." After a few years of toting card-

## Little Bits continued

board grocery boxes around, I realized that there was a name for a box with a handle. It was called a "suitcase." So I searched yard sales and thrift shops until I found a vintage suitcase the right size. Since the inside was in good shape I used it as it was. The pockets held plastic bags full of scissors and glue, and the body of the suitcase held reference books, pictures, craft supplies, and games. Had the suitcase needed to be relined, I could have used either fabric or paper. White glue works well with fabric. Rubber cement works well with paper. Once, when I was much younger and very pregnant, I was lining a suitcase with red paisley paper to take to the hospital. We had reached a point at which if I did this on the floor it was unlikely that I would ever get up on my own power, so I decided to line the suitcase on my bed. I spilled a bottle of rubber cement on an electric blanket. It was the awfulest mess I have ever made that didn't involve cooking.

We all know how to make a bag pillowslip-style. If you add a short seam to each bottom corner perpendicular to the side seam, it will box the corner and make the bag even more useful. Just be sure to make both the corner boxing seams the same length. If you don't want to turn straps, [Home Sew](#) has a strapping in a wide range of colors. You can also start with a basic canvas bag with handles from a craft department such as Walmart. They come in packs of three and would be a good project to do with a friend or relative. Markers, T-shirt paint, fabric paint, iron-on applique are among the options. Or a bag is a good place to feature an orphan block or a panel you like but don't want in a quilt. One such bag at my feet holds my Quilt Guild things - a notebook for inspiration, a current roster, and every book I now have out of the Guild Library every moment it is not in my hands being read.

A few years ago in Vacation Bible School, I learned yet another way to make a bag. It needs no sewing and can easily be done with children. Take a defunct T-shirt



and cut a U shape out of the top taking out the neck, and a cut from each shoulder to underarm taking out the sleeve. You now have two handles where the shoulders of the T-shirt were. Cut some of the salvaged fabric from those cuts about 1/4" wide. Pull it into T-shirt yarn. Make a small hole in the bottom hem of the T-shirt and run the "yarn" through with a safety pin to produce a draw-

Little Bits continued →

Little Bits continued →

## Little Bits continued

string. Tie this tightly, and your ditty bag is complete. This would be a good place to try the kinds of slashing with backing and raw edge applique that turns up on sweatshirt jackets. The same hem-into-drawstring-casing can be used to give a drawstring top to a bag that has a hemmed top. In the fire season of 2017, I made an unplanned visit to a friend in Oregon. Just before putting me on the train to go back she was very busy crocheting an oatmeal-colored cord which she used as a drawstring in a bag her husband, an archaeologist, had brought back from one of his many events. She filled the drawstring bag with all the little things which make a train trip pleasant, such as granola bars and a good book. One might also put a drawstring into an existing bag so that someone's beloved doll or teddy bear can "see out." The drawstring goes gently around the neck. But please impress upon the young person involved that this must never be done with entities that breathe, such as cats, dogs, or one's younger siblings.

Jackie Pitts

## Sonoma County Fair



The Sonoma County Fair is back in business this year! "Tropical Fairadise" is the theme.

The fair is open August 4 through August 14. It is closed Monday, August 8.

The time for bringing in your quilts to be judged in the Garrett Building is Monday, July 18, from 10 AM to 6 PM.

We will be demonstrating quilting along with other hobbyists in two shifts of two people daily.

Exhibit Buildings are open from 12 PM. to 10 PM.

Senior Days are Fridays with \$1 entry fee.

The guidebooks are online only at [Sonoma County Fair](https://www.sonomacountyfair.com).

I hope to see lots of quilts hanging from the rafters. It's a joyful time!!!

**Pam McVey**

## Sonoma Juneteenth

The **Social Justice Sewing Academy** (SJSA) is a quilting collective that empowers young people to express themselves and create positive social change through sewing and textile art.

They are presenting a show of their fabric art at the Sonoma Community Center, 276 East Napa Street, Sonoma, on Saturday, June 18, from 5:00 to 7:00 PM.

"Throughout the creation of our quilts, we are focused on community. The creation of an SJSA quilt is the living definition of the quilt itself, layers of community that come together to create. The quilt top is the students and young people across the country using their voice and personal expression to create the message we all see. The quilt back is the collection of organizers, sponsors, and volunteers that support the community outreach and stand behind the organization. The stuffing is comprised of donations and materials from fellow artists and vendors, collected to create the quilts. The stitching is the international community of volunteers that embroider and embellish our work, echoing and amplifying our artists' messages and bringing it all together. Finally, the piecing and binding are the volunteer sewers and long-arm quilters that provide the final assembly and finishing touches to complete the quilt."

You may learn more about their work at [www.sjsacademy.org](http://www.sjsacademy.org)



**The Pointless Sisters Art Quilt Group** is opening its annual exhibit, "Art Quilts by the Pointless Sisters," on June 4 at the Occidental Center for the Arts, 3850 Doris Murphy Court, Occidental. This exhibit features a recent challenge "Music." Plan to attend the reception on Saturday, June 25, from 2-4 pm. The gallery is open from 12-4 pm Saturdays and Sundays, and during OCA events.

**Carroll Hirsch**

## Technique Sharing Workshops

We are happy to go back to in-person TSW presentations starting in June. Our presenter on June 2 will be Elaine Ramires who will share with us the technique she learned in the February class by Jaimie Davis for making stems. She will also share some appliqué tips.

On July 7 Georgiann Morrissey will demonstrate how to make a cozy, that helpful hot pad-like cradle for bowls to be placed in the microwave, so you can remove a hot bowl without burning your fingers. Cozies are easy to make, and make great gifts, so you won't want to miss this.



Zoom has served us well while we couldn't all be together, but now that we are mostly back, we will be able to gather around and view the presentations live and ask questions. We will start these short presentations about 10 minutes after the meeting.

**Georgiann Morrissey**



Sew-a-Row

## Friendship Blocks



**LOOKING FOR NEW  
FRIENDSHIP BLOCK PARTICIPANTS!**

**Vicki David**

## Sew-a-Row

Thank you to everyone who has worked on a Sew-a-Row this year. They are turning out to be quite wonderful.



The Sew-a-Rows that have been worked on the most are the more complicated ones. I take that to mean we like a challenge. One reason to do Sew-a-Rows is to try out a new technique or style. We have one Sew-a-Row that has Kaffe Fassett fabric repeated row after row. We have one called "William Morris applique." Diana Coddling recently found a book of William Morris applique samples, and is willing to lend to anyone who wants to try. We have a Japanese inspired Sew-a-Row which now has sashiko added. The "Marvelous Creatures: Land Air or Sea" is also turning out to be complex with some applique as well as piecing.

Several people have told me they prefer rows instead of medallion style Sew-a-Rows because everyone does the same amount of work – one row, whereas, medallion quilts get larger as they grow. I want to share some books from the quilt library gathered by Sharon Fry that will really help with medallion style quilts: *Patchwork Rounds of Friendship* has many patterns that are geometric patchwork that look great, and *Mariner's Medallion using foundation paper piecing* has great examples of what to put around any type of medallion center. We are continuing to work on Row 3 which is due June 2, and Row 4 which is due August 4. Please let me know by e-mail if you want to sign up to do a row.

**Debbie Faris-Cole**



# Sew Organized

by *Debbie Faris-Cole*

The months are going by so quickly and my decluttering project is going so slowly. I have to remind myself that the main way I have decluttered is to make sewn objects and give them away. I also have adopted a habit that has really helped – deciding what to do with batting scraps and fabric scraps before I put them away. Batting used to be one of the things that took up a lot of space in my sewing room because I didn't know what to do with it. When I first started quilting I tried all kinds of different batting and ended up with a mishmash of leftovers. Over the months of this year, I have slowly been using up all those pieces in placemats and keeping a small bag for stuffing toys. I now only use one type of batting, 100% wool, and I buy it in a large four foot long roll. I keep it under my long arm and every time I have to get it out to baste a quilt, there is always leftover batting. I immediately cut it into 12-1/2" by 18-1/2" inch rectangles and put them in my placemat box. I use the "Frankenstein Method" to put larger pieces together by zig-zagging the ends together. The very small leftovers go into the stuffing bag. This makes it so easy to whip out placemats whenever I end up with a few orphan blocks. All I need to do is find some backing fabric, and I'm ready to go.

Also, when cutting out pieces for Block-of-the-Month, Sew-a-Rows, or Mystery Quilts just to name a few, I tend to use fat quarter-size scrappy pieces. After I have cut out my pieces, I separate my fabric into pieces large enough to go back into my stash or pieces for the scrap bin. I cut all the small pieces into 2-1/2" squares, put them in my scrap bag, and I'm done. I have so much less fabric just floating around now. Things are staying under control.

Sharon Fry offered a suggestion which has also really helped. She suggested taking a picture of the pristine sewing area after everything is put away. When she told me that, I thought that will never happen. However, I have taken pictures for the newsletter and looking back at my sewing station, I see the pristine area I had. Once a week, I make it look like that again. What happens is that I find objects that don't yet have a home, and I have to make one for them so that the area stays uncluttered and beautiful, and makes me want to be there. When I sew, I tend to get tunnel vision and don't really realize the mess I am making. When I finish a quilt, I feel so satisfied and then I turn around and look at my sewing room and wonder why my husband still comes home every day! I am truly just a messy person who wants to be tidy.

Sew Organized continued →

## Sew Organized continued

Another area that I feel I have gotten under control is books, magazines and patterns. Again, when I first started quilting, I wanted to learn everything. I bought lots of books and had at least four magazine subscriptions. After a while, I noticed the magazine articles were rather repetitive. I went through all of them and pulled out the best quilts and the best demonstrations of techniques from the magazines, and put them into two large notebooks. I use the notebooks, sometimes, for people who want me to make them a quilt, to pick out a style they like and sometimes, I refer to them for special techniques. Then I cancelled all my magazine subscriptions. I donated all the intact magazines. I stopped buying books when I discovered what an extensive library the Santa Rosa Quilt Guild has. Whenever, I hear about a book I think I would like, I check the library listing and every time, so far, it's been there. Checking out the book usually satisfies my curiosity, but if I decide to make a quilt or project, I then buy the book. I have bought only two books this last year. I used to save old patterns but I know I will never make the same item again so those I started throwing away.

What I am learning through this experience is that I really do know what I like to do in quilting and sewing now, and I can let go of items that I am no longer interested in using. It is giving me more of a sense of clarity and a feeling of lightness to let go of things just sitting around year after year. I still have lots to let go of, but it is getting easier. If you have tips or ideas that work for you, I would love to hear them.

*Debbie Faris-Cole*

## Global Quilt Connection



### Save the Date!

SRQG members can join the Global Quilt Connection All Star Sampler Platter on July 30 and 31, 12:00 noon - 3:00 pm Pacific time

Recordings of the event will be available for 24 hours afterwards

A PDF of teachers participating will be sent to SRQG early in July, and links to viewing will be sent out shortly beforehand.

*Elaine Ramires*



## NICU Quilts

About the Baby Closet, Lombardi Campus, Santa Rosa Community Health (SRCH)

One may wonder, how does a family find out about the baby closet (BC) and what is the process for receiving baby basics? I'll let Monica M explain:

"I am the Lead CPSP (Comprehensive Perinatal Services Program) at SRCH. There are two other educators who work with me, and we talk to our patients as early as possible after their positive pregnancy test and up to two months postpartum. During our interactions with our patients we talk about pregnancy health education topics, nutrition education, and resources, as well as their current psychosocial status. We use screening questionnaires to properly get the information needed to evaluate their needs. However, all of our calls are done in a conversational way. As a result, patients develop a trusting relationship with us which allows them to let us know their needs. We check in with our patients monthly which means that sometimes we could be checking with them an average of seven times during their pregnancy and a least two times postpartum. We usually provide them with goods after their third trimester and after their delivery. I must say that after our patients know how we can help, they continue to reach out to us as long as 12 months postpartum. The gratitude from our patients is felt through the phone as they express how relieving it is to know we can help with baby clothes and diapers (I get those from the Redwood Empire Food Bank) as these basic necessities make a difference in their daily lives."

Monica and Monique work together to build the Well Baby Bags with baby basics in the closet. If patients require more, they get what they need. The closet is in an area behind locked doors where only medical personal or appointed staff can access it. Each time an appointed person accesses the closet, they log what they take out. Then Monica calls the women to let them know that there is a package or packages behind the check-in desk for pick up.

There are many reasons why I have asked the quilt guilds to help. Quilters have hearts of gold; they bring artistic expression, fine craftsmanship, enthusiasm, and willingness to support the cause. My hope is that every parent will be touched with the love it takes to make beautiful and comforting fabric arts. I hope that, like me in my young parenthood, they will fall in love with sewing; especially "quilty" goodness.

**Rhonda Denny**



June/July 2022

## Block-of-the-Month

Are you tired of making half-square triangles? How about something different like "flying geese"?

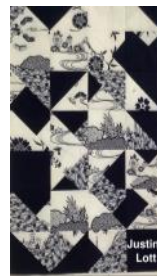
The **Dutchman's Puzzle** is the Block-of-the-Month for June, and it has no half-square triangles. Instead, we're focusing on two new ways to make "flying geese."



There are video links with the instructions at [Block-of-the-Month at the Santa Rosa Quilt Guild](#); one for making "four flying geese" at a time and another for making two at a time. Notice the different color "sky" portion of one set that forms the center. *Be sure to use your darkest color in the center.*

That's the "flying geese" sub-unit that will be made using the two at a time technique, so two different colors can be used. It is a puzzle!!

**Rena Ferrero, Kay Hartman**



Justine Lott

### Indi-Go Modern



Janet Tonkin



Suzy Phillips

## Placemats

Last month I mentioned that we are now including Food for Thought as a recipient for our placemats, but I did not mention that last year we overwhelmed the Meals on Wheels program with our huge donation of placemats, so their need will not be as great as in the past.

We are wondering if you may know of any other program in the area that would have a need for placemats. If so, please email me.

This last month you have turned in several beautiful placemats.

I enjoy seeing all the beautiful and creative ways in which you are using your fabric.

**Barbara Courtelyou**

## Community Quilts

Summer is coming! Some of us are traveling to see family or to see the world. The guild is having extra sew days. It might be a great time for you to make a lap sizes quilt for the community. They go to seniors, Verity, foster kids, and women in the safe house. The need is ongoing.



June 30 will be a Fifth Thursday at the Luther Burbank Art and Garden Center on Yulupa Ave. Community Quilts will have some quilts for you to work on, or you can bring your own project from home. This is a low-key day. Come and go as you are able. Time to visit and share.

Our May Quiltathon was very successful. We completed 143 quilts. There were many quilts that only needed labels and quality control. Now it's time to find homes for them!

I hope you have a safe, healthy summer.

Thank you to all who so generously participate in making quilts for our community!

**Janet Tonkin**

## COMMUNITY QUILT SIZES

If you are making donation quilts on your own, these are the approximate sizes most needed.

32" x 40" Baby Quilts	For Sutter and Memorial NICUs, Public Health nursing, and teen moms. We provide kits for making the tops, or you may use your own fabrics.
40" x 60"	For Valley of the Moon and other organizations serving children in need. Please use bright colors for young children or fabrics that will appeal to teenagers.
50" x 65"	For 18 year olds aging out of the Foster Care system, and for women residing at the YWCA Safe House.
40" x 60"	Lap quilts for adults to be handed out by Secret Santa, women being served by Verity, seniors in local convalescent hospitals, and others.
Doll Quilts	For little girls and boys. We collect them throughout the year and donate during the holidays.

## Citrus Fair Awards

We had most of the award winners at the Cloverdale Citrus Fair this year.

There were only a few entries, but they were all beautiful.

Jim Jensen won two blue ribbons for first place, and the Best of Division ribbon.

Georgiann Morrissey won two blue ribbons.

Toni Anderson and Gina Stateler-Calhoun each won a blue ribbon.

We are all very proud of all of you.

Our Youth Award of Best Use of Color and Design went to Molley Fabien of Sonoma.

**Pam McVey**



Jim Jensen  
Blue Ribbon



Jim Jensen  
Blue Ribbon  
Best of Division

(I'm not trying to show off here, but "they" made me do it! - Jim)

## Hospitality

Hospitality committee is happy to announce that we will be accepting food items to go with your mid-morning coffee and tea. If it is your birthday month or six months before your birthday you may bring something to share, it can be homemade or purchased. We do not have access to the kitchen so we will be returning you dishes unwashed. Please no luncheon items as we are not there yet.

**Margo Pitter**

# 2022 Elected Board and Committee Chairs

## 2022 ELECTED BOARD

President	Diana Codding
Vice President	Candi Delgado
Treasurer	Janet Tonkin
Secretary	Lynette Whitman
Program Chair	Elaine Ramires
Program Chair Elect	Trina Jahnsen
Parliamentarian	Sharon Fry
Members-at-Large	Jeanne Parent Linda Hooper Kay Hartman Carole Behlke Joy Wakefield Jan Andrews

Fair Liaison	Pam McVey
Field Trip	
Friendship Blocks *	Vicki David
Historian *	Sharon Fry
Hospitality *	Carolle LeMonnier
Library *	Sharon Fry
Membership *	Jan Andrews
Mystery Quilt	Shelley Bowers
Newsletter Editor	Jim Jensen
Newsletter Proofreader	Sharon Fry
Nominating Committee	Sharon Fry
Opportunity Quilt Ticket Sales *	Frances Evans
Placemats	Barbara Courtelyou
Sew-a-Row *	Debbie Faris-Cole
Sewing Room Sale	
Sunshine *	Janice Juul
Technique Sharing Workshop *	Georgiann Morrissey
UFO Challenge	Elizabeth McDonnell
Videographer *	Linda Hooper
Website*	Linda Hooper
Welcoming Committee	Rhonda Denny
Zoom Committee*	Elaine Ramires
Past President	Genelle Voorhees
* Standing Committee	

## 2022 COMMITTEE CHAIRS

Block-of-the-Month*	Rena Ferrero
Boutique *	Betty Upchurch
Budget	Janet Tonkin
Challenge Quilt	Rhonda Denny
Community Quilts *	Laura Barrett
Corresponding Secretary	Janice Juul
Crafts Fair	
Email Coordinator	Sharon Fry

# SRQG 2022 Calendar

## JUNE

- 2** General Meeting - *VB and Zoom*  
Award Nominations Due  
Sew-a-Row: Row 3 due  
TSW - Elaine Ramires - Appliqué Tips
- 9** Susan Silvey Sew Day *VB*
- 16** Program - *Zoom*  
Judi Kirk  
"Modern Quilt"
- 17** Workshop - *Zoom*  
Judi Kirk  
"Quilted in a Flash"
- 23** Board Meeting - *Zoom*
- 30** Fifth Thursday Retreat - *LBAGC*

## JULY

- 7** General Meeting - *VB and Zoom*
- 18** Quilts Due at Sonoma County Fair
- 21** Program - *Zoom*  
Lisa Shepard Stewart -  
"Quilting with African Fabrics"
- 20** Workshop- *Zoom*  
Lisa Shepard Stewart -  
"Ankara String"
- 28** Board Meeting - *Zoom*



# Santa Rosa Quilt Guild Affiliates

## BAY QUILTS

Sally Davey and Abbey Shane  
5327 Jacuzzi St. #3-C  
Richmond, CA 94804  
(510) 558-0218

<http://bay-quilts.shoplightspeed.com/>  
[sfbayquilts@gmail.com](mailto:sfbayquilts@gmail.com)  
daveysally49@gmail.co

Monday - Friday 10:00 - 6:00  
Saturday - Sunday 12:00 - 5:00

## BOLT FABRIC AND HOME

Kate Barrett  
219 N. Cloverdale Blvd.  
Cloverdale 95425  
894-2658

Tues. - Sat. 10:00 - 6:00  
Sunday 11:00 - 4:00

<http://www.boltcloverdale.com/>  
[info@boltcloverdale.com](mailto:info@boltcloverdale.com)

10% discount for SRQG members

## CLOVERDALE QUILTING

Margaret Davids, Owner  
111 Lake St.  
Cloverdale, CA 95425  
415-577-8407

<https://www.cloverdalequilting.com/>  
[cloverdalequilting@gmail.com](mailto:cloverdalequilting@gmail.com)

Hours by Appointment

## MEISSNER SEWING AND VACUUM CENTER

James Meissner, Owner  
Authorized Baby Lock, Brother, Bernina,  
Janome and Gammill Dealer  
1455 Santa Rosa Ave.  
Santa Rosa, CA 95404  
707-575-5259

<http://www.meissnersewing.com/>

Mon - Fri: 10:00 to 6:00  
Saturday: 9:00 - 5:00

Many of our supporting Affiliate members are really struggling right now, like everyone else. They have been tireless supporters of SRQG. As they ease into reopening, please consider contacting them for your quilting needs, and keep it local.

## MARIAN'S MAGIC NEEDLE QUILTING

Custom Machine Quilting  
Marian Drain  
1140 Sanford Ranch Rd.  
Ukiah, CA 95482  
472-0195

Hours by Appointment  
[cuddletimequilts@me.com](mailto:cuddletimequilts@me.com)

## QUILTED ANGEL

Barbara Meikle  
200 G Street  
Petaluma, CA 94954  
707-763-0945

Seven days a week  
11:00 - 4:00

<http://quiltedangel.com/>

## QUILTERS STUDIO SONOMA

Kathy Lanza  
5721 Brigadoon Way  
Santa Rosa, ca 95409  
707-787-7982

Tuesday - Saturday 10 am to 4 pm  
In person by appointment

[Quilters Studio Sonoma](http://Quilters Studio Sonoma)  
[quiltersstudiosonoma@gmail.com](mailto:quiltersstudiosonoma@gmail.com)

## SEW KRAZEE LONGARM QUILTING

Mary Slack  
3910 Shadowhill Dr.  
Santa Rosa, CA 95404  
707-480-0199

10 am to 5 pm, seven days a week

[Sew Krazee | Long Arm Quilting](http://Sew Krazee | Long Arm Quilting)  
[Mary@sewkrazee.biz](mailto:Mary@sewkrazee.biz)

## VILLAGE SEWING CENTER

John Furtado  
506 Lewis Rd.  
Santa Rosa, CA 95404  
707-544-7529

Monday - Friday 10 am to 6 pm

Saturday 10 am to 5 pm

<https://villagesewing.com/>  
[john@villagesewing.com](mailto:john@villagesewing.com)

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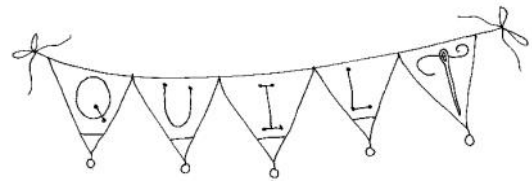


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## Local Quilt Guilds

- |  |   |  |
|--|---|--|
| <p><b>NORTHERN CALIFORNIA QUILT COUNCIL</b><br/><a href="http://www.ncqc.net/">http://www.ncqc.net/</a></p> <p><b>Carquinez Straight Stitchers (Benicia)</b><br/><a href="http://www.cssquilter.org/">http://www.cssquilter.org/</a></p> <p><b>Diablo Valley Quilters (Danville)</b><br/><a href="http://www.diablovalleyquilters.com/">http://www.diablovalleyquilters.com/</a></p> <p><b>East Bay Heritage Quilters (Albany)</b><br/><a href="http://ebhq.org/">http://ebhq.org/</a></p> <p><b>Guild of Quilters of Contra Costa County</b><br/><a href="http://www.gqccc.org/">http://www.gqccc.org/</a></p> <p><b>Ladies of the Lake Quilt Guild (Kelseyville)</b><br/><a href="http://www.llqg.org/">http://www.llqg.org/</a></p> <p><b>Mendocino Quilt Artists Guild (Ukiah)</b><br/><a href="http://mendocinoquiltartists.blogspot.com/">http://mendocinoquiltartists.blogspot.com/</a></p> <p><b>Monterey Peninsula Quilters Guild</b><br/><a href="http://www.mpqg.org/">http://www.mpqg.org/</a></p> | <p><b>Moonlight Quilters of Sonoma County</b><br/><a href="http://www.mqsc.org/">http://www.mqsc.org/</a></p> <p><b>Mt. Tam Quilt Guild (Marin County)</b><br/><a href="http://www.mtqg.org/">http://www.mtqg.org/</a></p> <p><b>Napa Valley Quilters Guild</b><br/><a href="http://www.napavalleyquilters.org/">http://www.napavalleyquilters.org/</a></p> <p><b>North Wind Quilters Guild (Fairfield)</b><br/><a href="http://www.northwindquiltersguild.com/">http://www.northwindquiltersguild.com/</a></p> <p><b>Pacific Piecemakers Quilt Guild (Gualala)</b><br/><a href="http://www.pacificpiecemakers.org/">http://www.pacificpiecemakers.org/</a></p> <p><b>Pajaro Valley Quilt Association (Aptos)</b><br/><a href="http://pvqa.org/">pvqa.org</a></p> <p><b>Peninsula Quilters Guild (Redwood City)</b><br/><a href="https://www.peninsulaquilters.org/">https://www.peninsulaquilters.org/</a></p> | <p><b>Petaluma Quilt Guild</b><br/><a href="http://www.petalumaquiltguild.org/">http://www.petalumaquiltguild.org/</a></p> <p><b>Piecemakers Quilt Guild of So. Alameda Co. (Fremont)</b><br/><a href="http://www.piecemakersguild.org/">http://www.piecemakersguild.org/</a></p> <p><b>San Francisco Quilters Guild</b><br/><a href="http://www.sfquiltersguild.org/">http://www.sfquiltersguild.org/</a></p> <p><b>Santa Clara Valley Quilt Association (Campbell)</b><br/><a href="http://www.scvqa.org/">http://www.scvqa.org/</a></p> <p><b>Sonoma Quilters United in Loose Threads</b><br/><a href="http://sonomaquilt.webs.com/">http://sonomaquilt.webs.com/</a></p> <p><b>Vallejo Piecemakers (Vallejo)</b><br/><a href="http://vallejopiecemakers.org/">http://vallejopiecemakers.org/</a></p> |
|--|---|--|

# Santa Rosa Quilt Guild

[www.santarosaquiltguild.org](http://www.santarosaquiltguild.org)

## PRESIDENT

Diana Coddling  
[president@santarosaquiltguild.org](mailto:president@santarosaquiltguild.org)

## VICE PRESIDENT

Candi Delgado

## NEWSLETTER EDITOR

Jim Jensen

## MEMBERSHIP

Jan Andrews

## PROGRAMS

Elaine Ramirez



## MEETINGS AND MEMBERSHIP

When we are able to gather in-person, the Santa Rosa Quilt Guild meets on the first and third Thursdays of each month (in December only one meeting is held on the first Thursday) at 10:00 a.m. at the Veterans Memorial Building, 1351 Maple Avenue, Santa Rosa, California, across Highway 12 from the Fairgrounds.

Check the calendar in this newsletter and on the website to verify whether we are meeting in-person or not.

Membership dues are \$35 per year. The calendar year is January to December; new members' dues are prorated. Regular meetings, special programs, use of the extensive library, and special discounts from some affiliates are just a few of the many benefits of membership.



Santa Rosa Quilt Guild  
P.O. Box 9251  
Santa Rosa, CA 95405

June/July 2022 Newsletter